

Kaura

Oats

Havre

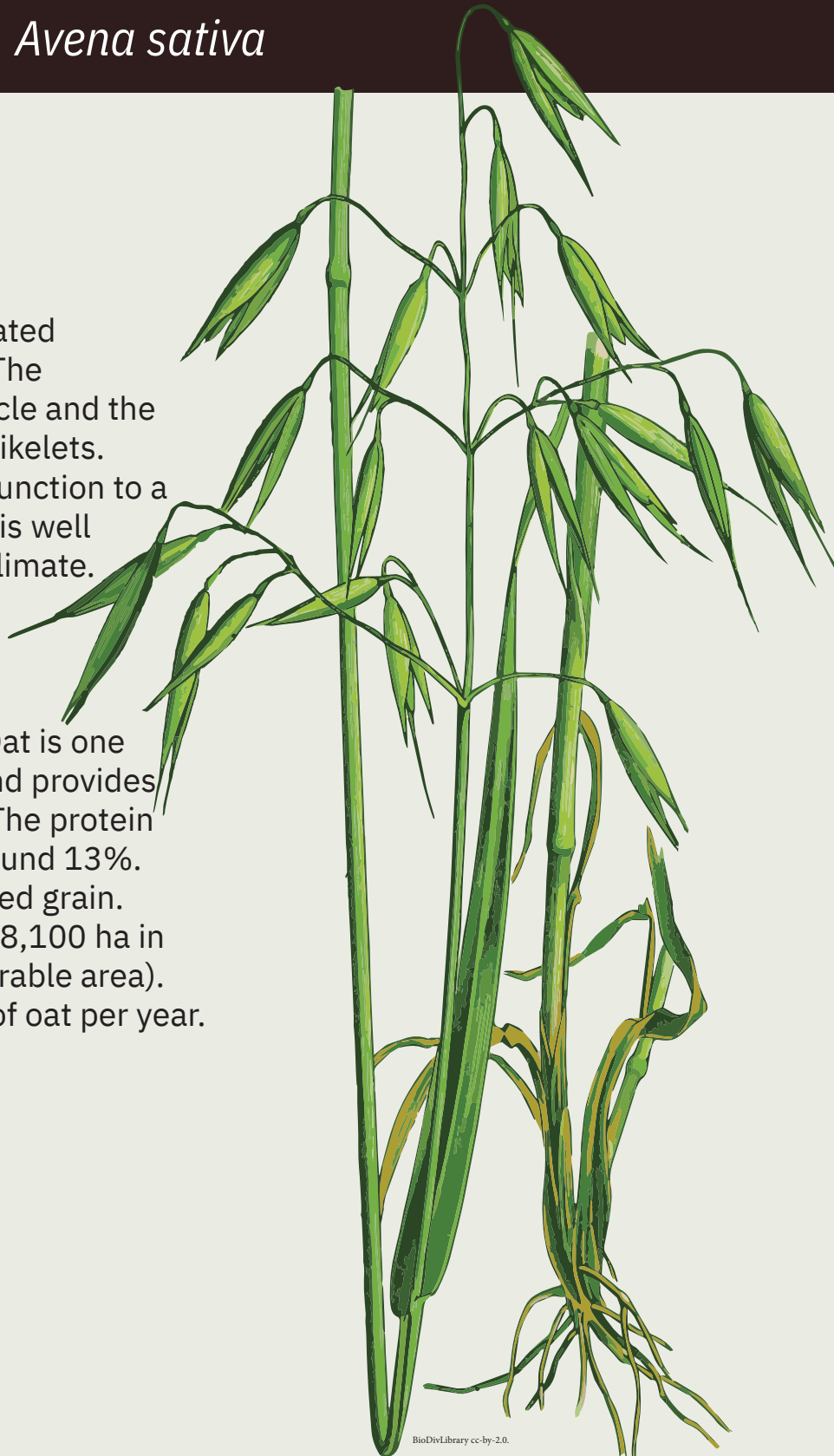
Avena sativa

Overview

Oat is an annual, wind-pollinated member of the grass family. The inflorescence is called a panicle and the grains are held in dangling spikelets. The spikelets correspond in function to a petalled flower. The oat crop is well suited to Finland's extreme climate.

Use

In Finland since the 1300s. Oat is one of the most versatile crops and provides a good balance of nutrients. The protein content of the dry grain is around 13%. It is an important food and feed grain. In 2020, oat was grown in 348,100 ha in Finland (around 17% of the arable area). The average Finn eats 10 kg of oat per year.



Suomeksi
På svenska